



Supporting Children with Transitions



Your child has probably formed strong bonds with you and their current caregiver or teacher. We recognize that transitions and separation can be difficult for everyone involved and that it may take time for your child to form attachments to their new teachers. As a parent you can help create these new bonds by communicating openly with your child's teachers- sharing needs, interests, and/or concerns. You can make drop-off time smooth by establishing a routine that is comfortable for both you and your child, and by communicating with the teachers your expectations, should you need help. Keeping a consistent drop-off time is an important part of your routine as this allows your child to become accustomed to the schedule and to easily integrate into the class. Please feel free to speak with your child's teachers or the directors about any questions or concerns you may have.



FAQs

Q: What special events/celebrations will happen in my child's class during the year and how will I know about them?

A: Information will be listed on daily notes, BrightWheel, and emails from room parents, teachers, and/or ECE directors.



Q: What if my child's teacher is absent?

A: It is always best when children have consistent faculty in the classroom. The ECE has wonderful support faculty that provide assistance to our classrooms as needed. These staff members are able to step in, in the absence of the lead teacher, which provides little disruption in the flow of the classroom.



Q: What do children do from 7am-9am and with whom do they spend this time?

A: Children dropped off between 7am and 8am will eat breakfast brought from home and play in centers in their classrooms. Between 8am and 9am, children play on the playground or participate in free-play activities.

To bring from home:

- One blanket and fitted crib sheet (will go home every Friday to be washed)
- Two pairs of extra clothing (shirt, pants, underwear, socks, and jacket)
- At least 20 diapers/ pull-ups
- Package of baby wipes
- Diaper rash cream (as needed)
- Sunscreen- please apply to your child in the morning and we will continue application throughout the day. Must be stick or cream, no spray-on sunscreen.
- Water bottle for one-year-olds and up, bottles for infants

****Please make sure all items are labeled with your child's first and last name****



Q: What are the feeding arrangements? When, where, and how will my child eat?

A: We provide a healthy snack of either fruits and vegetables in the morning from 9-10 and in the afternoons from 2:45-3:45. Students will bring their lunches from home or order one from the JCafe and those will be eaten from 11:30-12:30. All meals are served by the teachers at tables in the classrooms.

Q:What are the napping arrangements?

A: All children 1 years-old and up sleep on mats, infants will be assigned their own crib. Nap mats are covered with a fitted crib sheet and blanket. Nap time is from 12:15-3:15 depending on the needs of the room. Children's backs are patted and lullabies are played to aid sleep. Older children are offered a nap, but are not required to take one. Quiet activities will be provided for non-nappers.

Q: What play areas do the children use?

A: Children play in classroom centers and on the playgrounds daily (weather permitting). They also play in the sculpture garden, grassy area, basketball gym, and PlaySpace.

Q: What activities take place from 4-6pm?

A: At the end of the day, children play outside, read stories, sing songs, or play in centers. One or more of their teachers will be with them.

Q: What is the curriculum like in Pre-K?

A: Curriculum is structured and oriented around Kindergarten readiness in a play-based format. Activities are strongly geared towards pre-reading, writing and math skills, as well as developing independence and social-emotional skills that will prepare children for success in Kindergarten.

The Mission of the JCC's Early Childhood Program is to provide a safe, child-centered, Jewish environment where each child will explore their world through discovery of self, community, and the environment. They will develop trusting and respectful relationships with their peers and teachers as they learn through play in a nurturing atmosphere.