

Early Childhood Education Summer Camp 2023 Parent Guide



Need Assistance? We are here to help you.

Joline Riddle	Director	520-618-5025	jriddle@tucsonjcc.org
Tiffany Mills-Horton	Assistant Director	520-618-5045	tmills-horton@tucsonjcc.org
Debbie Hood	Office Manager	520-615-5437	dhood@tucsonjcc.org
ECE Office		520-615-5437	
Adrian Maiuri	Health & Safety	520-615-5437	amaiuri@tucsonjcc.org

Documents & Forms

All documents and forms required for ECE are on our [website](#). This includes an emergency card if you have any changes (allergies, permitted people to pick up your children, address, etc.).

- About Me (updates from current families as needed and new forms from incoming campers)
- Medication Consent Form (as needed for directors to administer meds at school)
- Emergency Card (updates from current families as needed and new forms from incoming campers)
- [Online lunch ordering](#) Lunch from The Café any day! Orders in by 9:30am

T-SHIRT

Every camper will receive a camp t-shirt on his/her first day. All campers are encouraged to wear their camp t-shirts for Shabbat each Friday.

AUTHORIZATION TO PICK UP

There must be written authorization before a child is released to anyone other than the child's guardian. Space is provided on the emergency information card for you to list the names of other adults who may pick up your child. Photo ID is required for anyone the faculty is not familiar with.

CLOTHING

While faculty will try to keep clothes reasonably clean, camp is a place to have fun and fun often involves messy activities. Please do not send your child to camp in “good” clothes. Please make sure your child’s clothes, especially socks and underwear, are labeled with both first **and** last name.

- All children need multiple extra sets of clothes in case of accidents or spills.
- Children 4 years and older may need 2 labeled swimsuits each day. One should be worn to camp and the other, along with underwear should be packed in a backpack. Your child will also need a labeled towel.
- Tennis shoes (sneakers) are recommended. No dress shoes, jellies, or sandals should be worn. Only closed toe shoes can offer protection from rocks and sharp sticks.
- Personal sunhats are assigned to all children in our program. Please tell your child you expect them to wear their hat during outside activities.
- On Splash Pad days, send your child to camp with non-slip water shoes or keep a pair at camp in their cubby. Water shoes are required to go to the splash pad.

DIAPERS

Children still in diapers (as well as children not completely toilet trained) **must** wear a diaper covered by plastic pants when in either the pool or the splash park. Cloth, disposable diapers, and swim diapers **must** be covered with plastic pants. This will keep the pool and the splash park sanitary for everyone.

SHABBAT

Fridays at camp are special times for all campers and staff to participate and enjoy our Shabbat gatherings with our director of Jewish Life and Living, Jennifer Selco. Challah will be served!



CAMP 2022 CALENDAR

May 30	First Day of Camp
July 4	ECE closed for 4 th of July
July 28	Last Day of Camp
July 31-Aug 4	ECE closed for Faculty In-service & Planning

ECE OFFICE

The ECE office is open during regular school hours, 7am-6pm. Our direct line is 615-5437. If we are not available when you call, please leave a message and phone number on our voice-mail and your call will be returned as soon as possible.

HELPFUL CHECKLIST OF CAMP NEEDS

All items below should be clearly marked with **child's first and last name**.

- Complete change of clothes (a few sets)
- Dairy lunch with utensils & drink
- Swim suit
- Extra swim suit (afternoon swim for pre-k)
- Sunscreen
- Towel
- Underwear
- Plastic pants for campers not yet toilet trained
- Water bottle
- Non-slip water shoes – REQUIRED FOR THE SPLASH PAD
- Wet/Dry Bag for wet swimsuits – not required

MEDICATION

Please inform the faculty when your child is on medication. We encourage you to administer it at home whenever possible. Arizona State Law permits us to dispense medication (including over-the-counter) only with prescriptions and only from the original container. Should your child need medication while at school, you must complete a [Medication Consent Form](#). Medication and Medication Consent forms must be dropped off at the ECE office. Medication and supporting documents must be checked before being left at the J. Directors administer all medications at noon in the ECE office. **Do not send medications in your child's lunch box (this includes vitamins).**

NON-ESSENTIAL ITEMS FROM HOME

Please do not send toys, make-up, or other valuables with your child to camp. Expensive playthings may become lost or broken and children often have a difficult time sharing "special" toys. Additionally, weapons, toys that promote violence, or small toys (less than 6 inches) have no place in camp. Your child's counselor will let you know when it is appropriate for toys from home to be brought to camp.

REFUND POLICY

Tuition will be adjusted if a child is ill for one month or longer with medical documentation. There are no refunds for time missed due to vacation. Please refer to the camp brochure for more detailed information.

PHONE CALLS

If you have a special concern, your call can be transferred to the classroom. It is not always possible for a teacher to leave the activity with the campers to answer the phone. If you leave a message for a call back with the ECE office, your call will be returned as promptly as possible. Please feel free to contact your child's teacher or the director, as your comments and constructive criticism are always welcome.

SUNSCREEN

Please apply prior to dropping off your child at camp. Leave a container (labeled with first and last name) for additional application. We do not allow the use of aerosol sunscreen as its airborne nature can be dangerous if inhaled.



CURBSIDE DROP-OFF / PICK-UP OPTION

As an added service for our Camp J and ECE Camp families we will be offering the option of curbside service for drop off and pick up for the preschool age and up. You will also have the option of parking and bringing your child(ren) to their classroom.

The preschool rooms that qualify for curbside are 110, 111, 112, 113, 201, 202, 203, 204, 206, 207, and 209.

Once the child(ren) have been helped out of the car, the parent can drive away. We will sign your camper in for you. We are offering curbside drop off by car to families with campers ages 3-14 years old. Curbside drop off will only be offered from 8:15 am-9:00am. Curbside pick-up will be offered from 4:00pm-4:45pm. Any drop off or pick-ups outside of these determined time periods, will require you to park and come into the J.

If you are unable to meet the following guidelines, you will be asked to park and walk your camper in.

- All curbside drop off campers must be able and willing to unbuckle themselves from the car and get out without parental help.
- All curbside drop off campers must be able to carry their own belongings from the car to their designated belongings area.
- J Staff will not be responsible for removing your child from the vehicle.
- Parents may not request to speak to a member of Camp J's and ECE Administration team from curbside.
- Parents may not drop off medication from curbside.

Once the campers have all their belongings out of the car, the parent can drive away. The morning drop-off procedure will end at 9:00am. If you are running late or have a late arrival, you need to park and walk in your camper to check in.

When dropping off medication, it must be accompanied by a completed Medication Consent Form and walked inside.

Curbside participants will enter the JCC North Parking lot from Dodge. Directional signage will be posted.

EMERGENCY INFORMATION

We certainly expect this summer to be a healthy and safe one; however, situations may arise that are beyond our control. Make sure emergency medical information is on file and up to date in the ECE office. An emergency card is mandatory for **all** children. This card must have the names of people we can call if your child becomes ill as well as the name/ phone number of your child's pediatrician. If your child has not attended the JCC preschool, please send in a copy of their up to date immunization record.



HOURS

The program is open Monday through Friday from 7:00am to 6:00pm with scheduled camp activities for children beginning at 9:00am. Whenever possible, please have your child at camp for the start of the day's activities at 9:00am. Staffing is based upon the number of children registered in each program. Should you need to extend your child's day, please call ahead and we will accommodate you to the best of our ability.

ILLNESS

Faculty recognizes individual health needs and will call you if necessary. Colds, coughs, and runny noses are common occurrences and infections can be contagious before a child has any symptoms. Please consider the other children attending camp when deciding whether or not your child should or should not attend due to illness. We are all working toward providing a healthy environment and appreciate your cooperation. As a general rule, children too ill to swim do not belong in camp. The Health Department lists the following guidelines for exclusion from a childcare setting: (A child may return if a physician states he/she is not contagious and/or after being fever or symptom free for at least 24 hours).

- **Fever only** within the past 24 hours (temperature: 100.4° or higher). Multiple symptoms (fever, cough, sore throat, respiratory illness, difficulty breathing) require symptom free for 72 hours.
- **Respiratory difficulty:** experiencing rapid breathing or severe coughing and is making a high-pitched croup or whooping sound after he/she coughs. Child is unable to lie down comfortably due to continuous cough.
- **Diarrhea:** 2 or more episodes within a 24-hour period. An increased number of abnormally loose stools in the previous 24 hours.
- **Vomiting:** 1 or more episodes within previous 24 hours.
- **Eye/nose:** thick discolored mucus or discharge draining from either.
- **Sore throat complaints:** especially when fever or swollen neck glands are present.
- **Skin rashes:** undiagnosed or contagious/persistent itching or scratching of body/scalp.
- **Unusual color to eyes or skin:** yellow tint to eyes or skin (jaundice).
- **Unusual color to:** stools (gray or white) or urine (dark, tea colored). These symptoms can be found in hepatitis and should be evaluated by a physician.

SELF-SCREENING AND WELL CHECKS

We require all families to self-screen all members of the household before entering the building. Do not bring your child to camp if they have symptoms, are waiting testing results, or have tested positive for COVID in the past 5 days. Contact a director for returning to camp protocols. Staff are required to conduct well checks on all children at the time of drop off. They will be asking the family to return home or visit the ECE office if symptoms are apparent.

LATE POLICY

We recognize occasional delays are unavoidable and allow a ten-minute grace period. Your child's time will be extended at the rate of \$12.00 an hour. There is no grace period after our 6:00pm closing, children picked up later than 6pm, will be charged \$5.00 per minute.

LOST & FOUND

Articles without a label will be placed in the 'Lost & Found' container near the ECE office. Items not claimed by the end of each week will be donated discarded.

LUNCH

The JCC observes a Kashrut policy. Options include:

- **Dairy lunch from home.** Bring in a labeled sack to be placed in the refrigerator every day your child is registered for camp. Include a drink and all necessary eating utensils. Please refrain from sending in soda or high in sugar fruit juices.

Nutritious suggestions include:

- | | |
|---|---|
| <ul style="list-style-type: none">▪ Macaroni and cheese▪ Macaroni-tuna salad▪ Tuna salad with crackers▪ Hard-boiled egg▪ Pasta with/without sauce▪ Cold pasta salad▪ Peanut butter on saltines▪ Dip and veggies▪ Fruit salad w/cheese▪ Cheese & crackers▪ Deviled eggs with crackers▪ Yogurt with fresh fruit or wheat germ▪ Veggies w/ salsa▪ English muffin with cheese and/or peanut butter | <ul style="list-style-type: none">▪ Cheddar cheese and rye wafers▪ Cottage cheese green pepper boat▪ Bagel with cream cheese▪ Hard-cooked egg sliced on toast▪ Peanut butter stuffed celery▪ Rice salad with fruit or veggies▪ Neufchatel cheese on graham crackers▪ Cucumber/cheese sandwich▪ Cottage cheese mixed w/fruit |
|---|---|



- **Order from the Café @ the J.** [Café @ the J menus](#) are available on our website. Lunch orders should be completed by 9:30 am for same day ordering. Your credit card on file with the J will be charged.

MEDICAL INFORMATION

For specific medical needs, please contact the camp office at 615-5437. It is important for your child's well-being that you notify your counselor/teacher of any allergies or special medical concerns. If your child wears earplugs or glasses, the counselor will take special care to help them maintain responsibility for these items. Unfortunately we cannot replace broken or lost items.

POSITIVE BEHAVIOR SUPPORT

Our goal is to work through different behaviors by methods leading to a positive learning experience for the children. Children often have brief episodes of not listening or not getting along with others. These are considered normal occurrences and are handled immediately within the classroom. Alternatives are suggested and children are encouraged to "use your words".

Another goal is to be proactive, rather than reactive. When a disruptive behavior such as hitting or biting becomes an issue, we first attempt to change the environment so the undesirable behavior is eliminated. This may mean changing activities, classroom structure or routines.

Conferences involving teachers and parents are often requested so ideas can be shared and individual behavior plans developed. Children, like adults, appreciate being recognized for a job well done. The use of rewards to shape behavior is usually effective. Alternative behaviors are reviewed with an adult and the child is quickly re-integrated into the group.

The plan is to provide your child with a safe, fun-filled and challenging summer. To this end, we will offer a variety of individual and group experiences. We will encourage, but not require participation. We would love to know about your child's reaction to his/her day. Your comments and assistance are always welcomed and appreciated.

Communication

Teachers will be using JCC phones, sometimes personal phones and online platforms to communicate throughout the summer. Each classroom has a web based platform for information, pictures, and engagement between classroom and home.



SWIMMING

An integral part of our camp program is swimming! The Sports & Wellness Dept. supervises swim lessons utilizing American Red Cross Certified Water Safety Instructors and Lifeguards.

Swimming programs consist of a 30-minute instructional period 2 mornings a week in addition to scheduled Splash Pad times. Additional afternoon free swim periods are assigned to older groups. The goal is to help each child become comfortable in the water and to understand and follow basic water safety procedures. As the children develop swimming skills, special attention is paid to the child who is afraid of the water. A swimmer may remain at a particular level until he/she is capable of performing the skills required to progress to the next level of certification. It is not uncommon for swimmers to



remain at the beginner level for an entire summer, especially if they are 6 or younger. Two year olds will utilize the wading pool and Splash Park for supervised water play. Children who are not fully toilet trained **must** wear plastic pants over cloth diapers, disposable diapers, and swim diapers.