

JULY 2022 – LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheese Quesadilla Mixed Veggies Fruit
4 No School 4th of July	5 Fish Sticks, Mixed Veggies, Fruit	6 Mac & Cheese Veggies Fruit	7 Pancakes, Scrambled Eggs Roasted Veggies	8 Grilled Cheese Tater Tots Broccoli
11 Baked Ziti Green Beans, Fruit	12 French Toast, Scrambled Eggs, Roasted Veggies	13 Pizza Bagels Broccoli Fruit	14 Cheese Quesadilla Mixed Veggies Fruit	15 Tacos, Rice, Black Beans, Corn, Tomato, Onion, Lettuce
18 Pancakes Scrambled Eggs Roasted Veggies	19 Mac & Cheese Veggies Fruit	20 Fish Sticks, Mixed Veggies, Fruit	21 Grilled Cheese Tater Tots Broccoli	22 Spaghetti & Sauce Mixed Veggies Fruit
25 Pizza Bagels Broccoli Fruit	26 Cheese Quesadilla Mixed Veggies Fruit	27 Spaghetti & Sauce Mixed Veggies Fruit	28 French Toast, Scrambled Eggs, Roasted Veggies	29 Tacos, Rice, Black Beans, Corn, Tomato, Onion, Lettuce