



J Pool Schedule

Updated 2/4/19

Sunday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Shade pool	
7:00-8:00am										
8:00-9:00am										
9:00-10:00am								Aqua Zumba 9:00-10:00am		
10:00-11:00am										
11:00-12:00pm		Glide FIT 11:15am-12:15pm								
12:00-1:00pm										
1:00-2:00pm										
2:00-3:00pm	Madison Multisport Rental (2:30-3:30)									
3:00-4:00pm										
4:00-5:00pm										
5:00-6:00pm										
6:00-7:00pm										
7:00-8:00pm										
Monday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Shade pool	
5:00-6:00am	Masters 5:30-7:00am									
6:00-7:00am	Masters 5:30-7:00am									
7:00-8:00am										
8:00-9:00am	CrossH2O (8:30-9:30)									
9:00-10:00am										
10:00-11:00am										
11:00-12:00pm										
12:00-1:00pm										
1:00-2:00pm										
2:00-3:00pm										
3:00-4:00pm										
4:00-5:00pm	Swim Team (4:00-8:00pm)									
5:00-6:00pm	Swim Team (4:00-8:00pm)						(4:45-6pm)			
6:00-8:00pm	Swim Team (4:00-8:00pm)									
8:00-10:00pm										
Tuesday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Shade pool	
5:00-6:00am										
6:00-7:00am										
7:00-8:00am										
8:00-9:00am										
9:00-10:00am										
10:00-11:00am										
11:00-12:00pm										
12:00-1:00pm										
1:00-2:00pm										
2:00-3:00pm										
3:00-4:00pm										
4:00-5:00pm										
5:00-6:00pm	Swim Team (4:45-8:00pm)						(4:45-6pm)			
6:00-8:00pm	Swim Team (4:45-8:00pm)									
8:00-10:00pm										
Wednesday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Shade pool	
5:00-6:00am	Masters 5:30-7:00am									
6:00-7:00am	Masters 5:30-7:00am									
7:00-8:00am							Aqua Fit 7:30-8:30am			
8:00-9:00am										
9:00-10:00am										
10:00-11:00am										
11:00-12:00pm										
12:00-1:00pm										
1:00-2:00pm										
2:00-3:00pm										
3:00-4:00pm										
4:00-5:00pm	Swim Team (4:00-8:00pm)									
5:00-6:00pm	Swim Team (4:00-8:00pm)						(4:45-6pm)			
6:00-8:00pm	Swim Team (4:00-8:00pm)									
8:00-10:00pm										
Thursday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Shade pool	
5:00-6:00am										
6:00-7:00am										
7:00-8:00am										
8:00-9:00am										
9:00-10:00am										
10:00-11:00am										
11:00-12:00pm										
12:00-1:00pm										
1:00-2:00pm										
2:00-3:00pm										
3:00-4:00pm										
4:00-5:00pm										
5:00-6:00pm	Swim Team (4:45-8:00pm)						(4:45-6pm)			
6:00-8:00pm	Swim Team (4:45-8:00pm)									
8:00-10:00pm										
Friday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Shade pool	
5:00-6:00am	Masters 5:30-7:00am									
6:00-7:00am	Masters 5:30-7:00am									
7:00-8:00am							Aqua Fit 7:30-8:30am			
8:00-9:00am	CrossH2O (8:30-9:30)									
9:00-10:00am										
10:00-11:00am										
11:00-12:00pm										
12:00-1:00pm										
1:00-2:00pm	Madison Multisport Rental									
2:00-3:00pm										
3:00-4:00pm										
4:00-6:00pm	Swim Team (4-5:45pm)									
Saturday	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Shade pool	
7:00-8:00am	Masters 7-8:30am									
8:00-9:00am	Masters 7-8:30am						Aqua Fit 7:30-8:30am			
9:00-10:00am	Swim Team (8:30-11:30am)									
10:00-11:00am	Swim Team (8:30-11:30am)									
11:00-12:00pm	Swim Team (8:30-11:30am)									
12:00-1:00pm										
1:00-2:00pm	Madison Multisport Rental									
2:00-3:00pm										
3:00-4:00pm										
4:00-5:00pm										
5:00-6:00pm										

Lap Swimmers are expected to share lanes and circle swim when asked or needed
This schedule is subject to change

PLEASE NOTE: NO POOL LANES AVAILABLE MON-THURS 4:45-6pm & SAT 7:30-8:30am